



# 9 DAYS OF PRAYER FOR FATHER'S DAY NOVENA

June 12<sup>th</sup> – June 21<sup>st</sup>, 2026



## Father's Day Novena

Fathers are a very important part of our lives. Fathers hold a significant role in family life. They are instrumental in the religious and moral formation of children.

The influence of a holy father can help set us on the path to a mature faith life and a healthy emotional life. And the absence of a holy fatherly presence can cause a lot of difficulties in family life.

The duties of fatherhood are not easy. Fathers face many challenges in everyday life as they work to provide for their families, to care for their wives and children, and to combat the temptations of the modern world.

Fathers deserve our respect and our love. They also need our prayers.

As we prepare to celebrate fathers in our country on Father's Day, we can assist fathers everywhere by praying for them. Let's seek grace and help for fathers everywhere in this Novena for Father's Day!

## Why Pray the Novena for Father's Day?

You can pray the Novena for Father's Day for your own father. You can use this novena to seek assistance for a particular need that your father has, or you can use it to pray for your father's general wellbeing or holiness.

You can use this novena to pray for your step-father or foster father. You can also use it to pray for a man who has had a positive fatherly influence on your life.

Additionally, you can use this novena to seek assistance for yourself if you are a father or are about to become a father. You can pray this novena to seek assistance in a particular fatherly duty of yours, or can use it to seek assistance in all of your fatherly duties.

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## Day 1 – Father’s Day Novena

+ Sign of the Cross

Lord God, we thank You and praise You for the many ways You have blessed us, especially in the great gift that fathers are in our world. We ask You to pour out Your grace on all fathers as we prepare to celebrate Father’s Day.

You created the holy vocation of fatherhood, modeled after Your own Fatherly love and care for each of us. You know the sanctity and importance of this vocation, and the desire to perform all fatherly duties well must please You.

We ask You to bring Your grace and assistance to all fathers, and particularly to bless all men who long to become fathers!

Help us to grow in our love and imitation of You each day. Help us to always perform the duties of our vocations well, out of love for You.

I especially ask in this novena (mention your intentions here).

Lord, hear our prayers!

+ Sign of the Cross

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## Day 2 – Father’s Day Novena

+ Sign of the Cross

Lord God, we thank You and praise You for the many ways You have blessed us, especially in the great gift that fathers are in our world. We ask You to pour out Your grace on all fathers as we prepare to celebrate Father’s Day.

The journey of fatherhood is both a great blessing and full of difficulties. You know the many joys and trials that fathers everywhere face. You know that all fathers, especially those who are beginning their fatherhood journeys, are in great need of Your assistance.

Please pour out Your grace and assistance on all fathers everywhere, particularly on all new fathers as they start to live out their new vocations!

Help us to grow in holiness and virtue in our daily lives. Help us to offer every aspect of our lives to You each day.

I especially ask in this novena (mention your intentions here).

Lord, hear our prayers!

+ Sign of the Cross

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## Day 3 – Father’s Day Novena

+ Sign of the Cross

Lord God, we thank You and praise You for the many ways You have blessed us, especially in the great gift that fathers are in our world. We ask You to pour out Your grace on all fathers as we prepare to celebrate Father’s Day.

You know intimately the struggles and hardships that each of us faces in our daily lives. You long for us to turn to You for help in all of our struggles, and You are ready to send Your grace and assistance to all who feel overwhelmed or burdened.

We ask You to graciously assist all fathers, especially fathers who feel burdened or overwhelmed with the duties of their vocation!

Help us to always turn to You in all of our needs. Help us to grow to trust You more each day.

I especially ask in this novena (mention your intentions here).

Lord, hear our prayers!

+ Sign of the Cross

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## Day 4 – Father’s Day Novena

+ Sign of the Cross

Lord God, we thank You and praise You for the many ways You have blessed us, especially in the great gift that fathers are in our world. We ask You to pour out Your grace on all fathers as we prepare to celebrate Father’s Day.

Fatherhood that is grounded in faith in You can greatly strengthen family life and lead to familial holiness. But many of us struggle in our relationships with You. You long for an intimate relationship with each of us, and You wait for us to return to You even when we go astray.

Please bring Your grace and help to all fathers, particularly those who are struggling in their relationships with You!

Help us to always strive for an intimate relationship with You. Help each of us to make a solid Faith life our first priority in life.

I especially ask in this novena (mention your intentions here).

Lord, hear our prayers!

+ Sign of the Cross

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## Day 5 – Father’s Day Novena

+ Sign of the Cross

Lord God, we thank You and praise You for the many ways You have blessed us, especially in the great gift that fathers are in our world. We ask You to pour out Your grace on all fathers as we prepare to celebrate Father’s Day.

In our fallen world, not every family is complete. Many children suffer from the lack of a fatherly presence in their lives, but many loving men have chosen to provide love for fatherless children.

We ask You to pour out Your assistance and blessings on all fathers, especially those who have chosen to take on the duties of fatherhood for children who are not their own!

Help us to grow in virtue and in imitation of You each day. Help us to offer our every holy action to You in love.

I especially ask in this novena (mention your intentions here).

Lord, hear our prayers!

+ Sign of the Cross

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## Day 6 – Father’s Day Novena

+ Sign of the Cross

Lord God, we thank You and praise You for the many ways You have blessed us, especially in the great gift that fathers are in our world. We ask You to pour out Your grace on all fathers as we prepare to celebrate Father’s Day.

You know intimately the trials and sufferings that we all face in our daily lives. You know the deep pain felt by fathers who are grieving the death of a child. You are ready to pour out your assistance to all who turn to You in their needs.

Please assist and bless all fathers, particularly fathers who are struggling with grief over the loss of a child!

Help us to offer all of our pains, trials, and sufferings to You in union with Your sufferings. Help us to grow in our relationship with You each day.

I especially ask in this novena (mention your intentions here).

Lord, hear our prayers!

+ Sign of the Cross

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## Day 7 – Father’s Day Novena

+ Sign of the Cross

Lord God, we thank You and praise You for the many ways You have blessed us, especially in the great gift that fathers are in our world. We ask You to pour out Your grace on all fathers as we prepare to celebrate Father’s Day.

Fatherhood is a great gift that You have given to each father and to the world. You have blessed society and our lives with many holy men who have imitated Your Fatherly love as fathers and as grandfathers. These holy men have helped their children and grandchildren to grow in imitation of You.

We ask You to graciously bless all fathers, especially all men who are also grandfathers!

Help us to grow in appreciation and gratitude for the many gifts You have given to us. Help us to grow in intimate union with You each day.

I especially ask in this novena (mention your intentions here).

Lord, hear our prayers!

+ Sign of the Cross

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## Day 8 – Father’s Day Novena

+ Sign of the Cross

Lord God, we thank You and praise You for the many ways You have blessed us, especially in the great gift that fathers are in our world. We ask You to pour out Your grace on all fathers as we prepare to celebrate Father’s Day.

You have instructed us to pray for the souls of those who have died. Many souls in Purgatory are in great need of our prayers. We ask You to hear our prayers for the souls of all deceased fathers and grandfathers, both in our own families and in the families of others.

Please bless and assist all fathers, and please bring the souls of all deceased fathers into Your Heavenly presence!

Help us to grow in faithfulness and reliance on You. Help us to advance in virtue and holiness each day.

I especially ask in this novena (mention your intentions here).

Lord, hear our prayers!

+ Sign of the Cross

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## Day 9 – Father’s Day Novena

+ Sign of the Cross

Lord God, we thank You and praise You for the many ways You have blessed us, especially in the great gift that fathers are in our world. We ask You to pour out Your grace on all fathers as we prepare to celebrate Father’s Day.

You long for an intimate union with each of us. You are ready to pour out Your grace and assistance to all who seek help from You. With Your help, all of us are able to grow in holiness and in imitation of You in our lives.

We ask You to pour out Your grace and assistance on all fathers, and to particularly help all fathers to grow in holiness!

Help us to always seek to advance in holiness. Help us to never grow weary of working to grow in union with You.

I especially ask in this novena (mention your intentions here).

Lord, hear our prayers!

+ Sign of the Cross