



ST. JOSEPH NOVENA

March 11th – March 19th, 2026



About St. Joseph

St. Joseph was of the royal family of David by birth, but was living in humble obscurity as a carpenter when God raised him to the highest sanctity, and chose him to be the spouse of His Virgin Mother, and foster-father and guardian to Jesus.

Joseph, says Holy Scripture, was a just man; he was innocent and pure, and became the husband of Mary, he was gentle and tender, as one worthy to be named the father of Jesus.

When he learned that Mary carried within her womb the Lord of Heaven, he feared to take her as his wife, but an angel told him not to fear, and all doubts vanished.

When Herod sought the life of the divine infant, an angel told Joseph in a dream to flee with the Child and His Mother into Egypt. Joseph at once arose and obeyed.

Being directed by God in another vision he returned to the land of Herod Antipas, in Galilee, to his former home in Nazareth. When Jesus was a little older Joseph and Mary found him in the temple after being missing for three days. When Mary asked him why He had done this to them Jesus replied, "Did you not know that I must be about my Father's business"? Even though he stayed in the temple unknown to His parents, in the end He was still obedient to them.

There is no further mention of St. Joseph in Scripture after this and he is presumed to have died before the marriage of Cana and the beginning of Jesus' ministry. We can imagine the happiness of Jesus and Mary attending to his death praying by him and comforting him in his last moments.

Patron Saint of: Families, Carpenters, Married Couples, Laborers, House Seekers, The Universal Church, A Happy Death

Day 1 – The Genealogy

As the solemnity of St. Joseph approaches, we recall God's divine plan, which foresaw and led to the person of St. Joseph.

"Jacob became the father of Joseph, the husband of Mary. Of her was born Jesus who is called the Messiah." (Mt 1:16)

(A brief period of silence is observed)

Praise the LORD, for he is good; for his mercy endures forever.

O Illustrious Son of David, obtain for us through your divine Son the grace of abandonment to Divine Providence.

Hail, Guardian of the Redeemer Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man.

Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy and courage, and defend us from every evil. **Amen.**

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Day 2 – The Betrothal

As the solemnity of St. Joseph approaches, we recall St. Joseph's vocation as husband of Mary, in which he receives and reveres Mary as God's gift.

"The angel Gabriel was sent from God to a town of Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the house of David, and the virgin's name was Mary." (Lk 1:26-27)

(A brief period of silence is observed)

Magnify the LORD with me; and let us exalt his name together.

O Spouse of the Mother of God, obtain for us through your divine Son the grace of reverence for the human person

Hail, Guardian of the Redeemer Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man.

Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy and courage, and defend us from every evil. **Amen.**

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Day 3 – The Annunciation to Joseph

As the solemnity of St. Joseph approaches, we recall St. Joseph's obedience to the angel.

"When Joseph awoke, he did as the angel of the Lord had commanded him and took his wife into his home." (Mt 1:24)

(A brief period of silence is observed)

I delight to do your will, my God; your law is in my inner being!

O Foster-father of the Son of God, obtain for us through your divine Son the grace of obedience to the will of the Father.

Hail, Guardian of the Redeemer Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man.

Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy and courage, and defend us from every evil. **Amen.**

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Day 4 – The Nativity

As the solemnity of St. Joseph approaches, we recall the birth of Our Savior, whom Joseph and Mary are the first to adore.

"So they went in haste and found Mary and Joseph, and the infant lying in the manger. When they saw this, they made known the message that had been told them about this child." (Lk 2:16-17)

A brief period of silence is observed. V. The LORD has made his victory known; R. has revealed his triumph in the sight of the nations.

O Watchful Defender of Christ, obtain for us through your divine Son the grace of adoration.

Hail, Guardian of the Redeemer Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man.

Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy and courage, and defend us from every evil. **Amen.**

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Day 5 – The Naming

As the solemnity of St. Joseph approaches, we recall the service of authority which St. Joseph carries out in the Holy Family.

“When eight days were completed for his circumcision, he was named Jesus, the name given him by the angel before he was conceived in the womb.” (Lk 2:21)

(A brief period of silence is observed)

You have given him rule over the works of your hands, put all things at his feet.

O Head of the Holy Family, obtain for us through your divine Son the grace to accept God’s upward calling in Christ Jesus.

Hail, Guardian of the Redeemer Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man.

Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy and courage, and defend us from every evil. **Amen.**

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Day 6 – The Presentation

As the solemnity of St. Joseph approaches, we recall the worship that St. Joseph and Our Lady offer God in the temple.

“When the days were completed for their purification according to the law of Moses, they took him up to Jerusalem to present him to the Lord and to offer the sacrifice.” (Lk 2:22, 24)

(A brief period of silence is observed)

My soul yearns and pines for the courts of the LORD. My heart and flesh cry out for the living God.

O Joseph most faithful, obtain for us through your divine Son the grace of true worship.

Hail, Guardian of the Redeemer Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man.

Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy and courage, and defend us from every evil. **Amen.**

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Day 7 – The Flight to Egypt

As the solemnity of St. Joseph approaches, we recall the flight to Egypt, in which St. Joseph spares nothing to defend Christ and Our Lady.

“Joseph rose and took the child and his mother by night and departed for Egypt.” (Mt 2:14)

(A brief period of silence is observed)

O Protector of the Church, obtain for us through your divine Son the grace to bravely overcome every evil.

Hail, Guardian of the Redeemer Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man.

Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy and courage, and defend us from every evil. **Amen.**

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Day 8 – Finding Jesus in the Temple

As the solemnity of St. Joseph approaches, we recall the faithfulness of St. Joseph and Mary in the midst of confusion.

“But they did not understand what he said to them. He went down with them and came to Nazareth, and was obedient to them; and his mother kept all these things in her heart.” (Lk 2:50-51)

(A brief period of silence is observed)

Make known to me your ways, LORD; teach me your paths.

O Solace of the Afflicted, obtain for us through your divine Son the grace of peace even when we do not fully understand your ways.

Hail, Guardian of the Redeemer Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man.

Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy and courage, and defend us from every evil. **Amen.**

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Day 9 – The Death of St. Joseph

As the solemnity of St. Joseph approaches, we recall St. Joseph's joyful acceptance of death in God's time.

"The souls of the righteous are in the hand of God, and no torment shall touch them." (Wis 3:1-3)

(A brief period of silence is observed)

You will show me the path to life, the delights at your right hand forever.

O Patron of the Dying, obtain for us through your divine Son the grace of a happy death.

Hail, Guardian of the Redeemer Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man.

Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy and courage, and defend us from every evil. **Amen.**

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**
