



9 DAYS OF PRAYER FOR MOTHER'S DAY

May 23rd – May 31st, 2026



9 Days of Prayer for Mother's Day

The **Mother's Day Novena** is a Catholic devotion prayed over nine consecutive days to honor and intercede for mothers—living, deceased, expectant, and spiritual. While Mother's Day began as a secular observance in the early 1900s, Catholics quickly embraced it within the context of **Marian devotion**, since May is traditionally dedicated to the Blessed Virgin Mary, the model of all motherhood.

Rooted in the ancient Christian practice of nine days of prayer—first observed by the Apostles and Mary between the Ascension and Pentecost—the novena reflects the Church's deep reverence for the maternal vocation. Over time, parishes and religious communities began offering **Mother's Day Novena Masses**, allowing the faithful to enroll mothers for nine days of prayer and remembrance.

Spiritually, the novena invites participants to thank God for the gift of motherhood, seek blessings for mothers in every circumstance, and unite them to Mary's loving example. It transforms Mother's Day from a sentimental celebration into a sacred time of **gratitude, intercession, and renewal of faith** in God's nurturing love.

Day 1 – Gratitude for Our Mothers

Opening Prayer

Heavenly Father,

You have given us the gift of life through our mothers. We thank You for their love, their sacrifices, and their unending care. Bless all mothers—those living and those who have gone before us. Grant them joy, peace, and the reward of their love.

Through the intercession of the Blessed Virgin Mary, the Mother of Your Son, may all mothers be strengthened in faith, hope, and charity.

We ask this through Christ our Lord. **Amen.**

Intention:

Today we thank God for the gift of our mothers, for the life they have given and the love they have shared.

Reflection:

A mother's love is often our first experience of God's love—tender, nurturing, and unconditional.

"Her children rise up and call her blessed." — *Proverbs 31:28*

Prayer:

Lord, thank You for the precious gift of my mother. Bless her with Your grace and peace. May she always know how deeply she is loved. **Amen.**

(Conclude with one Hail Mary.)

Day 2 – For Expectant Mothers

Heavenly Father,

You have given us the gift of life through our mothers. We thank You for their love, their sacrifices, and their unending care. Bless all mothers—those living and those who have gone before us. Grant them joy, peace, and the reward of their love.

Through the intercession of the Blessed Virgin Mary, the Mother of Your Son, may all mothers be strengthened in faith, hope, and charity.

We ask this through Christ our Lord. **Amen.**

Intention:

We pray for all women who are expecting a child, that they may trust in God's plan and feel His presence during this sacred time.

Reflection:

Mary trusted God completely, saying, "Let it be done to me according to your word." May expectant mothers be strengthened by her example.

Prayer:

Loving Father, bless all expectant mothers with calm hearts and strong faith. Protect them and the precious lives they carry. **Amen.**

(Conclude with one Hail Mary.)

Day 3 – For Mothers Raising Children

Heavenly Father,

You have given us the gift of life through our mothers. We thank You for their love, their sacrifices, and their unending care. Bless all mothers—those living and those who have gone before us. Grant them joy, peace, and the reward of their love.

Through the intercession of the Blessed Virgin Mary, the Mother of Your Son, may all mothers be strengthened in faith, hope, and charity.

We ask this through Christ our Lord. **Amen.**

Intention:

For mothers who care for their children daily—especially single mothers or those struggling financially or emotionally.

Reflection:

A mother's daily work is often hidden but full of grace. God sees every sacrifice made out of love.

Prayer:

Lord, bless mothers who face the demands of daily life. Give them patience, wisdom, and

moments of joy. Let them find strength in Your love. **Amen.**
(Conclude with one Hail Mary.)

Day 4 – For Mothers Who Are ill

Heavenly Father,
You have given us the gift of life through our mothers. We thank You for their love, their sacrifices, and their unending care. Bless all mothers—those living and those who have gone before us. Grant them joy, peace, and the reward of their love.
Through the intercession of the Blessed Virgin Mary, the Mother of Your Son, may all mothers be strengthened in faith, hope, and charity.
We ask this through Christ our Lord. **Amen.**

Intention:

We pray for mothers who are sick or suffering in body, mind, or spirit.

Reflection:

When Mary stood at the foot of the Cross, she shared in her Son's suffering. May all suffering mothers find comfort in her embrace.

Prayer:

Merciful Lord, comfort and heal mothers who are ill. Surround them with love and peace, and if it be Your will, restore them to health. **Amen.**
(Conclude with one Hail Mary.)

Day 5 – For Mothers Who Have Lost a Child

Heavenly Father,
You have given us the gift of life through our mothers. We thank You for their love, their sacrifices, and their unending care. Bless all mothers—those living and those who have gone before us. Grant them joy, peace, and the reward of their love.
Through the intercession of the Blessed Virgin Mary, the Mother of Your Son, may all mothers be strengthened in faith, hope, and charity.
We ask this through Christ our Lord. **Amen.**

Intention:

We pray for mothers who grieve the loss of a child, born or unborn.

Reflection:

No pain pierces the heart more deeply than the loss of a child. Yet even in sorrow, God's love can bring healing and hope.

Prayer:

Lord of compassion, hold grieving mothers close to Your heart. Give them comfort in their sorrow and the promise of reunion in Heaven. **Amen.**
(Conclude with one Hail Mary.)

Day 6 – For Mothers Who have Died

Heavenly Father,

You have given us the gift of life through our mothers. We thank You for their love, their sacrifices, and their unending care. Bless all mothers—those living and those who have gone before us. Grant them joy, peace, and the reward of their love.

Through the intercession of the Blessed Virgin Mary, the Mother of Your Son, may all mothers be strengthened in faith, hope, and charity.

We ask this through Christ our Lord. **Amen.**

Intention:

For the repose of the souls of mothers who have gone before us.

Reflection:

We entrust our mothers to the care of Our Lady, Queen of Heaven, and to the mercy of her Son.

Prayer:

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. **Amen.**

(Conclude with one Hail Mary.)

Day 7 – For Spiritual Mothers

Heavenly Father,

You have given us the gift of life through our mothers. We thank You for their love, their sacrifices, and their unending care. Bless all mothers—those living and those who have gone before us. Grant them joy, peace, and the reward of their love.

Through the intercession of the Blessed Virgin Mary, the Mother of Your Son, may all mothers be strengthened in faith, hope, and charity.

We ask this through Christ our Lord. **Amen.**

Intention:

We pray for all women who nurture and guide others—teachers, godmothers, religious sisters, mentors, and friends.

Reflection:

Spiritual motherhood reflects the love of Mary for all her children. Their care nurtures souls for God's Kingdom.

Prayer:

Lord, bless all spiritual mothers who share their love and guidance so generously. Reward them with grace and joy. **Amen.**

(Conclude with one Hail Mary.)

Day 8 – For Women Who Long to Be Mothers

Heavenly Father,

You have given us the gift of life through our mothers. We thank You for their love, their sacrifices, and their unending care. Bless all mothers—those living and those who have gone before us. Grant them joy, peace, and the reward of their love.

Through the intercession of the Blessed Virgin Mary, the Mother of Your Son, may all mothers be strengthened in faith, hope, and charity.

We ask this through Christ our Lord. **Amen.**

Intention:

For women who yearn to conceive or adopt a child, that God may grant them peace and trust in His plan.

Reflection:

God knows the desires of every heart. Even in waiting, He works unseen miracles.

Prayer:

Heavenly Father, comfort women who carry the longing for motherhood. Grant them peace, and if it is Your will, bless them with the gift of a child. **Amen.**

(Conclude with one Hail Mary.)

Day 9 – In Thanksgiving for All Mothers

Heavenly Father,

You have given us the gift of life through our mothers. We thank You for their love, their sacrifices, and their unending care. Bless all mothers—those living and those who have gone before us. Grant them joy, peace, and the reward of their love.

Through the intercession of the Blessed Virgin Mary, the Mother of Your Son, may all mothers be strengthened in faith, hope, and charity.

We ask this through Christ our Lord. **Amen.**

Intention:

We close our novena by offering thanks for all mothers—past, present, and future.

Reflection:

A mother's love mirrors the heart of Christ—selfless, steadfast, and pure.

Prayer:

Lord, we thank You for the countless ways mothers reflect Your love. Bless them abundantly, and may they always feel Your presence and joy. **Amen.**

(Conclude with one Hail Mary.)